



CITTAMANI
 HOSPICE SERVICE LTD
At home palliative care



Cittamani Newsletter | Autumn 2025

Keeping Community Connections

We, at Cittamani Hospice Service, have always seen ourselves as part of our Sunshine Coast community, providing a professional, compassionate service for families dealing with end of life. We grew out of the community as a response to a need for an *at home* palliative care service and have always maintained close community ties.

At different times over the years, we have reached out beyond our daily core business of caring for palliative clients and their families, to engage with our communities in different ways. We have run Community Education sessions on death, dying and grief and been a part of Buddhist discussions about dying at Chenrezig Institute. Several times, we have held day long Spirituality Conferences here on the Sunshine Coast. These have been well attended and appreciated.

Now with the help of funds from the June Canavan Foundation, we are again turning our minds to opportunities for community engagement and exploring several possibilities which includes another Spirituality Conference in 2026.

A key focus for us will be strengthening ties with our local Gubbi Gubbi and Jinibara peoples, being strong allies and being a culturally safe and appropriate organisation for our First Nations people. We are participating in a national allyship program so that we can grow in understanding to help build a kinder Bandaiyan (Australia).



Jude Venn

We look forward to further serving our community with compassion as we build these meaningful connections.

Jude Venn,
 Cittamani Social Worker

Compassion, wisdom and blessings

Tuesday 25th March was a rather special day of the year, long marked in our calendars. Geshe Sherab graciously visited Cittamani on his day off from his Australian tour of FPMT centres, where he had been visiting nearby at Chenrezig Institute in Eudlo. Known for his gentle humour, devotion, and ability to present complex Buddhist teachings in a simple and comprehensive way. Geshela inspired us with his words, while his presence and prayers infused our Ksitigarbha statue with powerful blessings. Our Ksitigarbha statue located along the path at the front of the office was a gift from a generous FPMT donor. The statue represents the Bodhisattva of compassion, Ksitigarbha, who vowed to assist all beings by guiding them toward enlightenment. The statue serves as a symbol of protection, compassion, and support for those in need.

It was a true privilege to welcome Geshe Sherab into our space, share with him our meaningful work and to collectively soak up his wisdom.



Geshe Sherab

***"Wherever you go,
 leave behind the
 footprints of wisdom
 and compassion."***

Geshe Sherab



Supporting Cittamani's Mission

We are excited to announce that Cittamani has been awarded multi-year funding through The June Canavan Foundation Grant Project. This grant will provide approximately \$20,000 per year for the next three years to support Cittamani's mission of creating a healthy and supportive understanding around death, dying, and bereavement.

Recently, our entire team gathered to collaboratively shape our vision for the next three years, with a special emphasis on investing in our staff and investing in our community. At Cittamani, we see an opportunity to enhance awareness, understanding, and support for those caring for the dying, that comes from nurturing professional development and education of our staff. This wonderful opportunity will allow us to attend conferences and workshops, networking events, mentoring programs, reaching community through social media, and enrich our cultural engagement. We are particularly excited to attend the Oceanic Palliative Care Conference in Brisbane this September.

June was a passionate advocate for Cittamani and deeply believed in the right of individuals to die with dignity. This grant represents an investment in both our staff and the wider community. We would like to extend a heartfelt thank you to the June Canavan Foundation.



June Canavan



Telling Our Stories

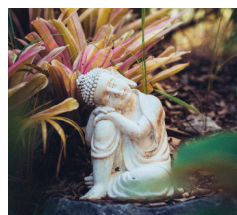
Lights.. camera.. action!! It's not often you see this in the halls of the Cittamani office. Collaboratively, alongside The Coast Collective, we have been working behind the scenes, capturing the stories of Cittamani to share with our beautiful community – honouring our clients, their families and the distinct challenges of life when they find themselves in need of our service. These snippets of pure openness, creatively constructed into video format will be shared on our 'soon to be' social media pages, with the mission of educating the community around palliative care – reaching further than we have before. Watch this space! We can't wait for you to see what is being created.

We extend heartfelt thanks to Ashlee and Kym from The Coast Collective, for sharing their time, expertise, and kindness throughout this exciting project. Their unfaltering commitment to supporting us in our mission to build stronger connections with our community is inspiring.



Our Sponsors

Buderim Bowls Club
Lions Club of Caloundra
Lions Club of Coolum Beach
Lions Club of Nambour and District Inc.
Little Village Theatre



Nambour Heights Bowls Club
Nambour Orchid Society
Next Generation Project Management
Quota Coolum

How can you help

Donations can be made using the QR code to the right from your phone or tablet

Or via our website
www.cittamanihospice.com.au then click on "Donate Now"



Fundraise – if you have a fundraising event or activity and would like to support Cittamani, we look forward to hearing from you – please contact us to discuss on **(07) 5445 0822**
We would love to hear from you!

Any feedback or suggestions for future newsletters are welcome and can be emailed to info@cittamanihospice.com.au

