



Cittamani Hospice Service

BEREAVEMENT SUPPORT GROUP

JULY 2019 – SEPTEMBER 2019

Group meetings are held twice a month and offer an opportunity for people to share conversations about their experience with grief and loss.

These meetings are held on the **first Tuesday and third Thursday of each month**, and will be held on the following dates at **Cittamani Office, 230 Woombye-Palmwoods Road, Palmwoods.**

Tuesday

**2nd July
6th August
3rd September**

3.00pm – 4.30pm

Thursday

**18th July
15th August
19th September**

10.00am – 11.30am

Anyone is welcome to attend the groups. You do not need to ring us to confirm your attendance, but of course we are always happy to hear from you.

Please do not hesitate to contact Cittamani if you feel you would like to talk to Jude, Jenny, Marion, Jill, or Meg individually. We're only a phone call away.

For more information about the groups or any of the services we offer, please phone Meg McNaught 5445 0822 – or email: meg.cittamani@gmail.com

Cittamani gratefully acknowledges sponsorship from



for our Bereavement Support Program