



Cittamani Hospice Service

BEREAVEMENT SUPPORT GROUP AUGUST - DECEMBER 2018

Group meetings are held twice a month and offer an opportunity for people to share conversations about their experience with grief and loss. These meetings are held on the **first Tuesday and third Thursday of each month**, and will be held on the following dates at **Cittamani Office, 230 Woombye-Palmwoods Road, Palmwoods.**

Tuesday

7th August
4th September
2nd October
6th November
4th December

3.00pm – 4.30pm

Thursday

16th August
20th September
18th October
15th November
20th December

10.00am – 11.30am

Anyone is welcome to attend the groups. You do not need to ring us to confirm your attendance, but of course we are always happy to hear from you.

Please do not hesitate to contact Cittamani if you feel you would like to talk to Jude, Jenny, Marion, Jill, or Meg individually. We're only a phone call away.

If you would like more information about the groups or any of the services we offer, please phone Meg McNaught – **5445 0822.**